



## INDIVIDUAL LEADERSHIP COACHING FOR EXECUTIVES AND PROFESSIONALS

No business leader can achieve success alone. However, it can be “lonely at the top” when they are infusing the inspired spirit for everyone else in the organization. The best leaders dedicate themselves to the mission and driving for the results but in the process often fail to take care of their own wellbeing and the inevitable moments of self-doubt. I serve as a trusted advisor - or a perspective provider - to leaders in organizations of all sizes. I partner with visionary business leaders who are ready to ask the hard questions (also of themselves), listen (also to themselves), develop their team’s leadership and innovation capacity and increase performance through increased productivity and positivity. You don’t have to do it alone.

- **GOAL:** Strategies and support for personal high performance and balancing challenges.
- **OUTCOMES:** Feel confident - and have strategies when not - in the face of daily challenges and responsibilities of your leadership position.
- Coaching partnership usually lasts 9 – 12 months.

Individuals who ask me to work with them typically have encountered some of these challenges in their lives:

- Continuing demands for high performance – matching the expectations
- Learning better coaching and mentoring skills
- Issues with the team
- “It’s lonely at the top” syndrome
- Interpersonal relationship challenges
- Communication failures
- Foggy thinking
- Lost vision and vibe
- Tough decisions
- Confusion about choices
- Eroding confidence and creeping self doubt

If this is true for you, get in touch: [Kristiina@kristiinahiukka.com](mailto:Kristiina@kristiinahiukka.com) or 425.462.6613.

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