

The Professional Wheel of Life

Directions

The eight sections in the Professional Wheel of Life represent several different aspects of your professional life. Fill in one "slice" of your life that you consider important part of your professional identity. Seeing the center of the wheel as 1 and the outer edges as 10, rank your level of satisfaction with each area by drawing a straight or curved line to create a new outer edge. The new perimeter represents the wheel of your professional life. If this were a real wheel, how bumpy would the ride be? What are you going to do to grow the wheel and create a smoother ride? When? How?

